



*A Public Agency*

*Beach Cities*  
***Health District***

# Healthy Living Campus Project

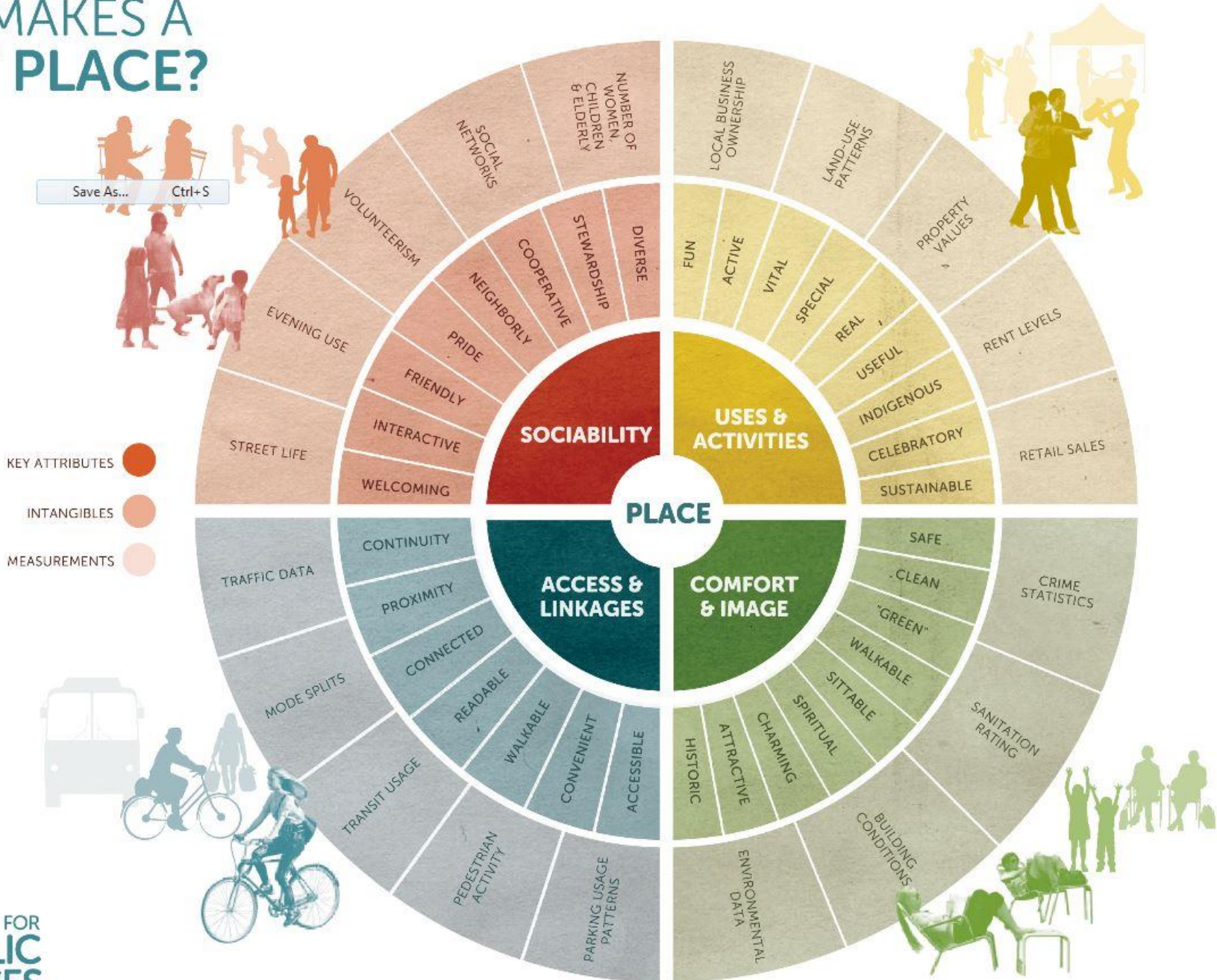
## Livability & Green Space

# What is Livability?

Livability is the sum of the factors that add up to a community's quality of life –including built and natural environments, economic prosperity, social stability, educational opportunity and cultural, entertainment and recreation possibilities



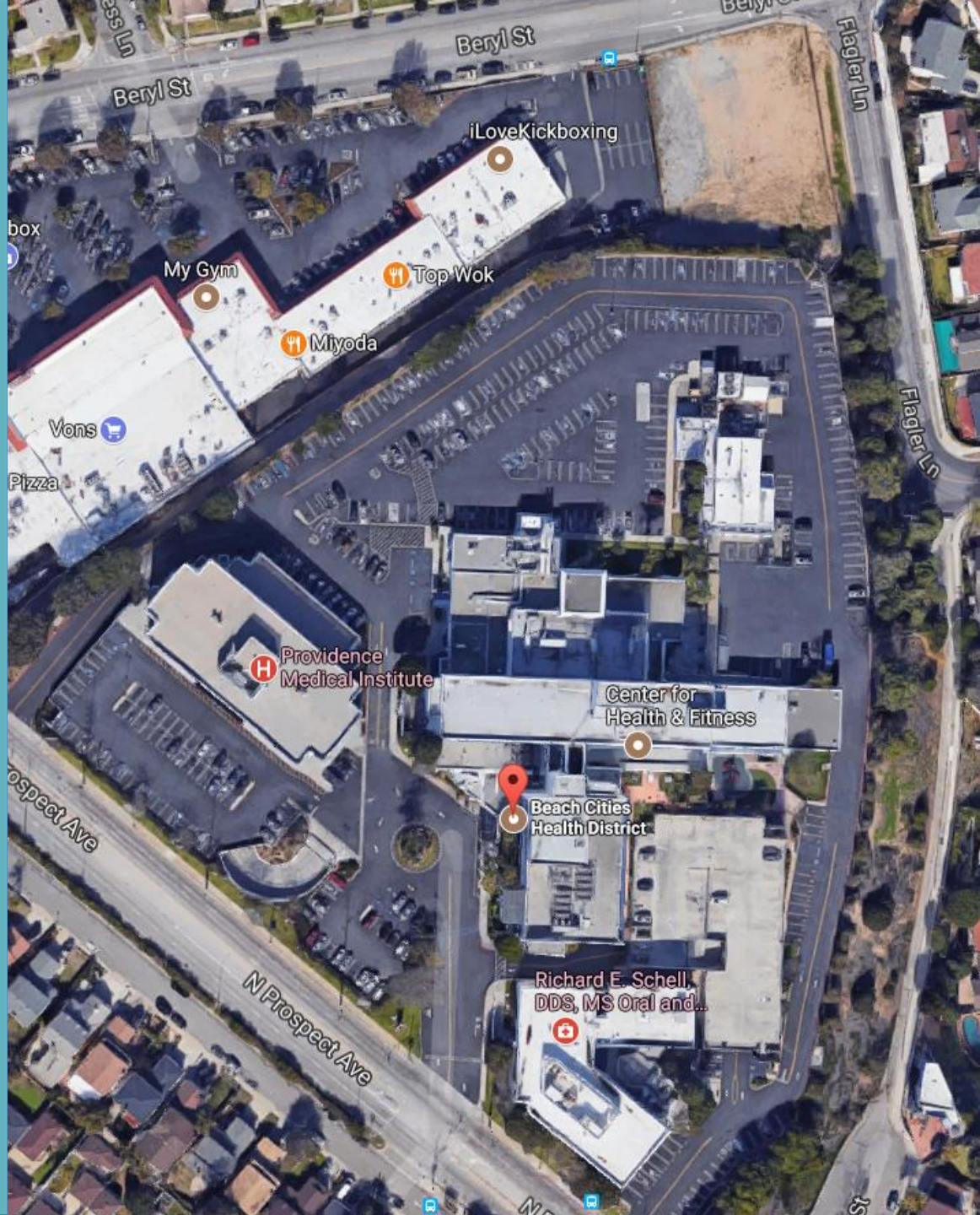
# WHAT MAKES A GREAT PLACE?



# Healthy Living Campus: Guiding Principles

- Develop a community for older adults
- Create an integrated hub of well-being
- Incorporate Blue Zones Project (livability) concepts
- Focus on emerging technologies and innovation
- Grow the enterprise to support the mission
- Actively engage community/stakeholders
- Prioritize environmental sustainability & accessibility
- Create open/green space by shifting parking to perimeter

# Current Campus: Parking Sprawl & Unused Space



# Current Campus: People vs. Cars



# Conceptual Site Plan:

- Green space
- Walking paths/bike paths
- Outdoor meeting space
- Community gardens
- CA native plant-scaping
- Protected bike path
- Outdoor fitness spaces
- Warm water exercise pool
- Medical exercise center
- Bicycle parking
- Community for older adults
- Intergenerational programming



# Plan Refinements

- Protected bike lane connecting Flagler & Beryl streets





# Plan Refinements

- Incorporated larger multi-use community green space



# Plan Refinements

- Changed building orientation to create larger green space & garden area

Draft 1.0



Draft 2.0



# Green Space: Community Use



# Green/Open Space Benefits

- Associated with better perceived general health, reduced stress levels, reduced depression, and more walking
  - Older adults engage in 3.5 times more physical activity in parks with walking loops
- Help mitigate climate, air and water pollution impacts on public health
  - Eliminating dark surfaces lowers temps, trees improve air quality
- Walkable neighborhoods, parks and open spaces can generate economic benefits to local governments, home owners and businesses
  - Associated with higher property values

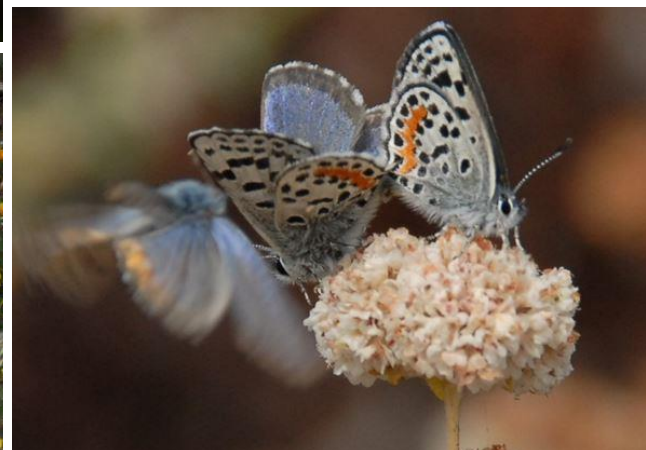
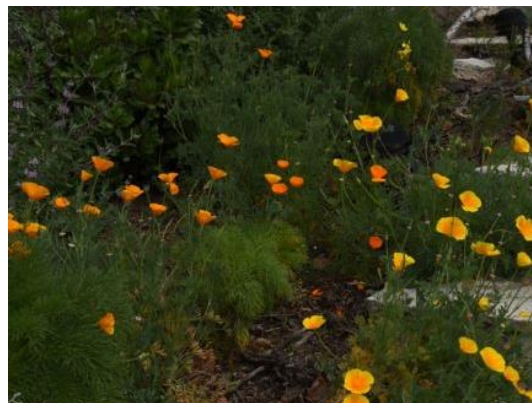
# Plan Refinements

- California Native Gardens



# Benefits of Native Gardens

- Habitat for local wildlife (endangered El Segundo Blue Butterfly)
- Drought-friendly; no pesticides or fertilizer; limited maintenance
- Opportunities for education & intergenerational programming



# Sign-Up for Project Updates

[HLInfo@bchd.org](mailto:HLInfo@bchd.org)

[bchd.org/HealthyLivingCampus](http://bchd.org/HealthyLivingCampus)  
(or visit the Comment Station)