



A Public Agency

Beach Cities
Health District

HEALTHY LIVING CAMPUS

Community Working Group No. 9

**Summary Report
June 18, 2018**

Table of Contents

1 Introduction	1
1.1 Purpose of Community Working Groups	1
2 Community Working Group Meeting No.9 - June 18, 2018	1
2.1 Overview	1
2.2 Summary of Participation	3
2.3 Summary of Feedback.....	4

Appendices

- Appendix A: BCHD Powerpoint Presentation
- Appendix B: Sign-In Sheets
- Appendix C: Meeting Reminder
- Appendix D: Comments

1. Introduction

Beach Cities Health District (BCHD) has developed a Community Working Group to engage local participants in planning for its Healthy Living Campus. The Community Working Group is an informal, voluntary group of stakeholders from each of the three Beach Cities that represents a broad range of local interests. The group is comprised of leaders from local businesses, civic organizations, older adult services, the Blue Zones Project and neighboring residents, and participation is by invitation and recommendation from the BCHD board and staff.

This report summarizes recent Community Working Group activities and feedback received at the ninth Community Working Group meeting.

1.1 Purpose of Community Working Groups

Community Working Groups provide a forum for integrating local input into the design of projects like the Healthy Living Campus. Community Working Group participants represent the interests of a community group, service, agency or organization and serve as an ambassador of these interests. Community Working Groups are limited in scope to the planning and design of the project, are not a formal voting body and are organized to enhance local input into the planning process.

2 Community Working Group Meeting No.9 – June 18, 2018

2.1 Overview

The ninth Community Working Group meeting for the Healthy Living Campus convened in the Beach Cities Room at 514 N. Prospect in Redondo Beach. The attendee list, made up of involved community members and diverse stakeholders from all three communities, was developed by staff and reviewed by the Board. Sixteen (16) members attended this meeting, and eight (8) members were unable to attend. The Community Working Group meeting room was arranged in a U-shaped configuration that faced a presentation screen. The format provided opportunities for participants to actively engage in meaningful discussion and share valuable information, insight and feedback with the staff and project team members. Throughout the meeting, Community Working Group members were encouraged to contribute their feedback verbally and also in writing on the comment cards provided.

The meeting included a PowerPoint Presentation (Appendix A). Presenters included Tom Bakaly, BCHD CEO; Eric Garner, BCHD Communications Manager; Kerianne Lawson, BCHD Director of Lifespan Services and Jin Kim, City of Redondo Beach Traffic Engineer.

Mr. Garner opened the meeting and welcomed the CWG members in attendance, provided an overview of the agenda and introduced Mr. Kim for a presentation to the CWG membership.

The presentation by Mr. Kim provided information on proposed improvements for Prospect Avenue. Mr. Kim stated the project will help improve pedestrian crossing at the intersection of Prospect Avenue and Diamond Street. Construction is anticipated to begin in September/ October and to be completed by December of this year. CWG members provided comments and expressed concerns with pedestrian and cyclist safety and traffic conditions on Prospect, noting there have not been many improvements in this corridor over the years. Suggestions included installation of an independent light at the frontage road, lashing beacons and/or flashing speed limit signs, replacing old and faded street signage, increased enforcement within the corridor and consideration of a roundabout intersection. A written detailed comment was submitted by CWG member Mark Nelson and is included in Appendix F.

Mr. Kim indicated the City will look into the suggestions received from the CWG members and explained further review will be needed to evaluate how any of these recommendations may result in less than optimal timing for this corridor. Mr. Bakaly stated that BCHD will work with the City to identify how the District may provide opportunities to improve timing for other areas. Mr. Garner advised that a follow-up presentation by the City can be scheduled if desired.

Following the presentation, Ms. Lawson provided an update on the Community Health Survey and clarified that BCHD is not doing the survey last presented to the CWG. The new survey will include some elements from the draft viewed by the CWG and will take a broader picture of health concerns. This 15 to 20 minute survey will be available online or in written form and will include questions on issues such as housing, caregiving and aging in place. The goal is to launch the survey in conjunction with the BCHD Annual Report in the middle of August and have it available for two months. Ms. Lawson specified all data received will be presented to the Strategic Planning Committee in October, which will review the information, look at necessary adjustments and present a recommendation to the Board in February as it looks to set priorities for the next three years. CWG member Gilbert inquired who the survey will go out to. Ms. Lawson indicated it will be sent to numerous BCHD mailing lists. Staff will also take the survey to community events where participants can do the survey online on iPads or complete a written version.

Mr. Garner provided an overview of the Study Circle on Intergenerational Programs hosted on June 13, which included presentations by USC experts and a representative from acclaimed non-profit organization ONEgeneration. More than 60 attendees participated, shared perspectives and helped identify opportunities. Participants represented a variety of local interests and viewpoints, and included city officials/staff, local leaders and residents, members of civic organizations, older adults services, school districts, BCHD committees, Healthy Living Campus Community Working Group and community youth. Information gathered will be shared with the public and help guide campus planning and design.

Mr. Garner shared a few highlights from the feedback received and informed the CWG an overview report and comprehensive summary report will be provided to the BCHD Board. The CWG is invited to attend a scheduled study circle on community gathering spaces on Aug. 1. CWG member Gilbert commented that creation of additional gathering spaces will result in more traffic and reiterated the importance of green space and respecting the community's input.

Mr. Bakaly concluded the meeting with an update on the next steps for the Healthy Living Campus. BCHD will continue to build on the initial proposed plan to address seismic safety concerns for the Silverado Senior Living. Mr. Bakaly stated the Healthy Living Campus "Project Pillars" will continue to serve as guide posts for the process and that it is important to consider existing tenants and existing revenue opportunities as recommendations are made. In the upcoming months, three to four conceptual plans, including the original, will be presented to the CWG along with financial models for review and discussion. The goal is to present the Board with a plan in December or January and move forward with beginning the EIR process. CWG member Pat Aust asked that BCHD continue to look at options that have less impact to surrounding residents. Mr. Bakaly indicated that BCHD will provide options to mitigate concerns raised and continue to evaluate existing draft concepts.

Members were thanked for their on-going participation and reminded that the CWG is a great resource for BCHD. The CWG will reconvene in August following the Community Gathering Spaces Study Circle.

Participating CWG members for the June meeting are noted in Section 2.2, Summary of Participation.

2.2 Summary of Participation

CWG Participants

NO.	NAME	ORGANIZATION	CITY OF RESIDENCE
1	Craig Cadwallader	Surfrider Foundation	Manhattan Beach
2	Kambria Vint	City of HB Community Resources	Hermosa Beach
3	Cindy Schaben (unable to attend)	Anderson Park Senior Center	Redondo Beach
4	Sue Allard	Manhattan Beach Joslyn Center	Manhattan Beach
5	Jan Buike	City of MB Older Adult Program Manager	Manhattan Beach
6	Darryl Kim	City of RB Senior & Family Services	Redondo Beach
7	Patrick Flannery	Neighboring Resident	Redondo Beach
8	Jean Lucio (unable to attend)	Center for Health & Fitness	Redondo Beach
9	Pat Dreizler (unable to attend)	RB Roundtable & Former BCHD Board Member	Redondo Beach
10	George Schmeltzer	BCHD Livability Committee & Former HB Mayor	Hermosa Beach
11	Pat Aust	Former BCHD Board Member & Retired RB Fire Chief	Redondo Beach
12	Jim Light	Building a Better Redondo & South Bay Parkland Conservancy	Redondo Beach
13	Walter Dougher	Former MB Mayor & Former BCHD Board Member	Manhattan Beach
14	Mark Nelson	Neighboring Resident	Redondo Beach
15	Dency Nelson	Environmental Activist	Hermosa Beach
16	Justin Pioletti (unable to attend)	Redondo Union High School	Redondo Beach
17	Joanne Sturges	Retired Executive Officer/ Board of Supervisors at Los Angeles County	Manhattan Beach
18	Laurie Glover (unable to attend)	Silverado Memory Care	Redondo Beach
19	Jacqueline Folkert (unable to attend)	UCLA Health	Redondo Beach
20	Bruce Steele	Neighboring Resident	Torrance
21	Pete Vlahakis	Redondo Pacific Towers HOA	Redondo Beach
22	Geoff Gilbert	Neighboring Resident	Redondo Beach
23	Rosann Taylor (unable to attend)	Neighboring Resident	Redondo Beach
24	Lisa Nichols (unable to attend)	HERMOSA FIVE-O SENIOR CENTER	Hermosa Beach

Reminder e-mails were distributed to Community Working Group members on June 12 (Appendix C). These e-mails provided members with information about the June 18 meeting and a link to the project website address.

2.3 Summary of Feedback

Throughout the meeting, Community Working Group members were encouraged to contribute their feedback verbally and also in writing on the comment cards provided. Input from the Community Working Group is summarized below.

Improvements on Prospect Ave. (Paraphrased)

The following is a list of comments received by CWG members, including: P. Flannery, M. Nelson, G. Gilbert, B. Steele, P. Aust, G. Schmeltzer, D. Nelson and K. Vint.

- Install an independent light for residents across from the frontage road.
- Look into possible blind spot in area near Prospect and Diamond.
- Increase enforcement.
- Is accident data available?
- Install flashing speed limit sign.
- Install flashing beacons / Are these effective?
- Consider safety benefits of roundabouts.
- Pedestrian and cyclist safety is a concern.
- Increase community education and awareness.

Community Health Survey (Paraphrased)

The following is a list of comments received from CWG member G. Geoff.

- Who will receive the survey?

Community Gathering Spaces (Paraphrased)

The following is a list of comments received from CWG member G. Geoff

- Traffic will increase with additional spaces.
- Does this include housing? No mention.

Next Steps for Healthy Living Campus Project (Paraphrased)


The following is a list of comments received from CWG members P. Aust and P. Flannery.

- Look at options that yield less impact to surrounding residents.
- Previous concepts introduced could be cost-effective. Will they remain under consideration?

WRITTEN COMMENTS SUBMITTED

No written comment cards were received at the Community Working Group meeting, however Comments on BCHD Intersection Traffic Control at 514 N Prospect Exit were received from CWG member Mark Nelson and can be found in Appendix D.

Appendix A: BCHD Powerpoint Presentation



Beach Cities
Health District
A Public Agency

Healthy Living Campus Project
Community Working Group
June 18, 2018

CWG Meeting #9: Agenda

- Street Improvements Planned on Prospect
- Community Health Survey Update
- Recap Intergenerational Programs Study Circle
- Discuss Upcoming Gathering Spaces Study Circle
- Next Steps for Healthy Living Campus Project



Beach Cities
Health District
A Public Agency



Improvements on Prospect Ave.



Community Health Survey

Healthy Living Campus



Intergenerational Study Circle



Overview:

- 60+ attendees shared perspectives & opportunities
- Presentations by USC experts & acclaimed non-profit organization
- Information will be shared with the public, help guide campus planning and design

Organizations & Stakeholders:

- Senator Ben Allen's Office
- SB City Councils of Gov.
- Cities of RB, HB, MB
- Redondo Beach GPAC
- RB Public Works Commission
- Community Working Group
- RBUSD, MBUSD, HBCSD
- Alzheimer's Association
- Torrance Memorial
- South Bay Adult Center
- El Camino College
- Easter Seals
- RB, HB & MB Residents
- Parents & Students



Highlights:

- Improve transportation resources and options
- Remove stereotypes & stigma that discourage interactions
- Continue to strengthen existing programs
- Create comfortable, safe places for old & young
- Facilities need to support all ages & be mutually accessible





Next: Community Gathering Spaces

August 1st @ Redondo Beach Library

Healthy Living Campus: Project Pillars

Health

- Build a center of excellence focusing on wellness, prevention & research
- Leverage the campus to expand community health programs & services

Livability

- Focus on emerging technologies, innovation & accessibility
- Create an intergenerational hub of well-being, using Blue Zones Project principles

Community

- Actively engage the community & pursue partnerships
- Grow a continuum of programs, services & facilities to help older adults age in their community

Contact Information

HLInfo@bchd.org

bchd.org/HealthyLivingCampus



Appendix B: Sign-In Sheets

Sign-in Sheet

Healthy Living Campus Working Group



Name	Signature	City of Residency	Email	Phone
Sue Allard	<i>Sue Allard</i>	MB	sallard@roadrunner.net	—
Pat Aust	<i>Pat Aust</i>			
Jan Buike ✓	<i>Jan Buike</i>			
Craig Cadwallader	<i>Craig Cadwallader</i>	MB	OK FILE	—
Walt Dougher	<i>Walt Dougher</i>			
Pat Dreizler				
Patrick Flannery	<i>Patrick Flannery</i>			
Jacqueline Folkert				
Laurie Glover				
Daryl Kim	<i>Daryl Kim</i>			
Jim Light	<i>Jim Light</i>			
Jean Lucio				
Mark Nelson		RB		
Dency Nelson	<i>Dency Nelson</i>	HB		
Lisa Nichols				
Justin Pioletti				
Cindy Schaben				
George Smeltzer	<i>George Smeltzer</i>			
Bruce Steele	<i>Bruce Steele</i>	TORN		
Joanne Sturges	<i>Joanne Sturges</i>	M.B	joannesturges@yahoo.com	310 3791081
Kambria Vint	<i>Kambria Vint</i>			
Geoff Gilbert	<i>Geoff Gilbert</i>	Reelindo Beach	geoff	—
Pete Vlahakis	<i>Pete Vlahakis</i>	RB		
Rosann Taylor				

Appendix C: Meeting Reminder



Dear CWG Member,

Please join us for the next Healthy Living Campus CWG Meeting:

Monday, June 18, 2018

6 - 7:30 p.m.

**Beach Cities Room
514 N. Prospect Ave.
Redondo Beach**

We will be

- Providing an update regarding the community needs assessment survey. The survey provides data to help BCHD achieve its vision and meet its strategic planning goals
- Delivering feedback received from the recent **study circle on intergenerational programs**
- Sharing next steps and engaging CWG member participation for the upcoming study circle focused on gathering spaces

If you have any questions, please contact Eric Garner at (310) 374-3426 x156 or submit questions/feedback below.

Questions/Feedback

Thank you for your ongoing participation and service to our community as we develop the Healthy Living Campus.

Sincerely,

Eric Garner
Communications Manager
Beach Cities Health District
Ph: 310-374-3426, x156
Fax: 310-376-4738

Creating a healthy beach community.



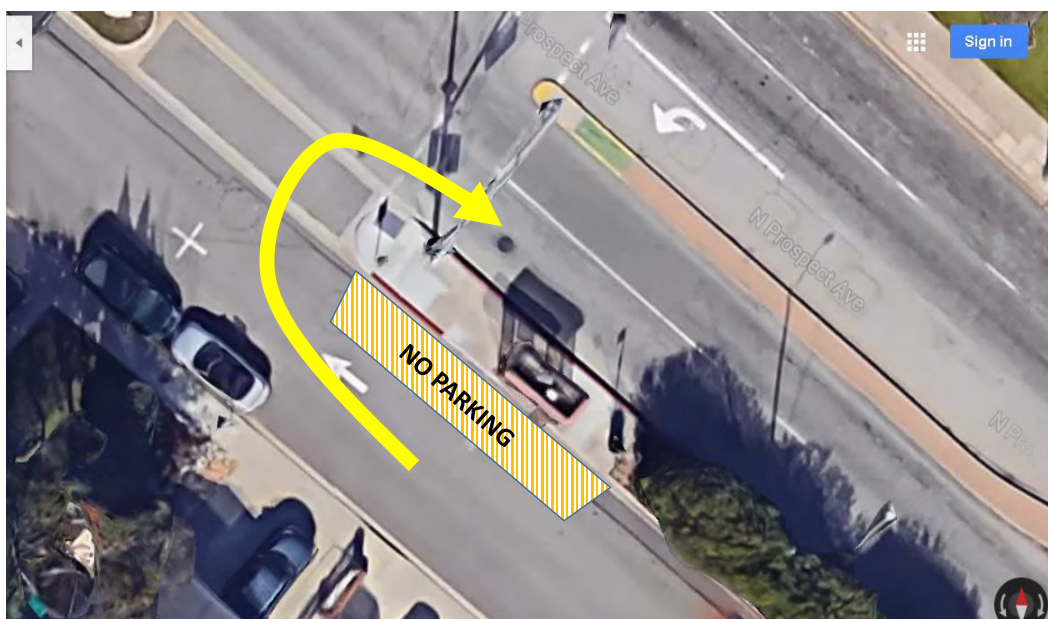
Comments on BCHD Intersection Traffic Control at 514 N Prospect Exit

Mark Nelson, CWG

June 18, 2018 Meeting Document

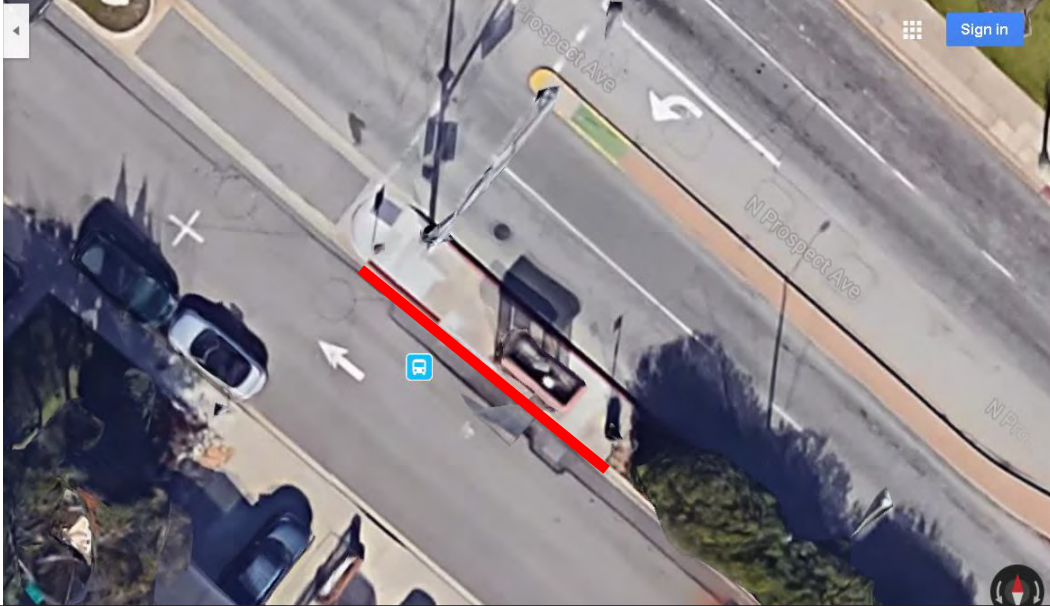
1. Engineering (approx. 509-511 N Prospect Ave Frontage) – create a better alignment for right turn to closest lane

Northbound turners on the one-way are often too far to the right of frontage, and as a result, they fail to turn into the closet lane, risking collision with left-turners from BCHD entrance. Use of an engineering solution like paint to force traffic to “square up” would be helpful. Force turners to square up before turn on Prospect.



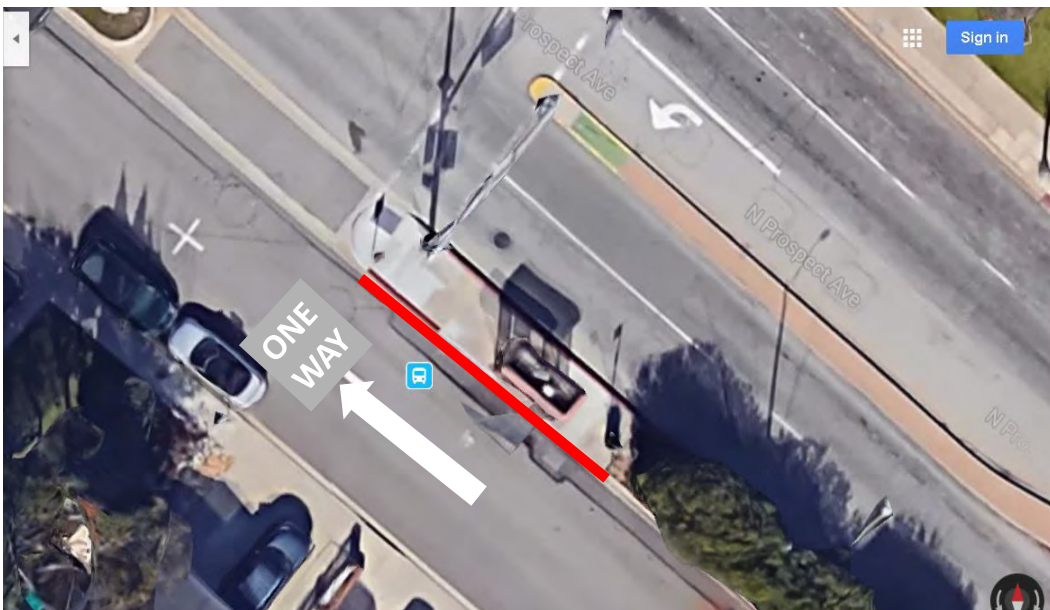
2. Engineering (approx. 509-511 N Prospect Ave Frontage) – increase safety for new bus stop structure

The prior bus stop had a full glass back to stop people from drifting into traffic when waiting for the bus. Often people are on cell phones, smoking cigarettes, etc. and not aware of traffic on the frontage road. To assist in visual safety, paint curb an extended length of red to provide drivers a clear view of the new bus stop and passengers there. Aids in wheelchair, scooter, and walker travel and safety also



3. Engineering (approx. 509-511 N Prospect Ave Frontage) – refresh one-way paint

Arrows and text have been worn out and failed to be repainted. Clean up to make clear this is one way and replace text that was there in prior paintings. Put several from 501 to 511 N Prospect frontage



4. Engineering (exit of 514 BCHD lot) – clearly indicate right turn, left turn, turn lane

Use of turn lane markings to clearly indicate lane control when exiting BCHD



5. Engineering (Prospect Ave at BCHD Exit) – replace ground level NO-U TURN signs

Prior auto accidents have destroyed ground level electronic traffic signals and no-u-turn signs. At a minimum, replace no-u-turn signs at ground level to stop illegal turn activity



6. Engineering (Prospect Ave at BCHD Exit) – increase size of NO U TURN signs and replace Watch Opposing Traffic signs

The u-turn sign on the northbound Prospect overhead is small and sun-bleached. It needs to be replaced with a larger new sign. The Yield-To-Opposing-Traffic signs intended for existing BCHD traffic headed southbound on Propsect needs to be larger



7. Engineering (Prospect Frontage Do Not Enter signs) – Enlarge Do Not Enter signs

The DO NOT ENTER signs on Prospect frontage are not effective. Replace with larger signs.

